

WUSD Wellness Committee - Virtual

Meeting Minutes

12/08/20

Present: Erin Johnson, Denise Bergman, Sarah Ellis, Patrick Miller, Jennifer Moran, Cassie Stoneking, Morgan Johnson

Absent: Cory Monesmith, Carissa Hershkowitz, Julie Case, Debbie Hodgkiss, Bill Bircher, Isabeth Ramirez

Next Meeting: April 2021, Exact Date and Time TBD – Virtual

The meeting commenced at 3:45PM. Denise introduced the new members Sarah Ellis, NSLP Coordinator and Isabeth Ramirez, Food Service Director.

A review of the previous year's goals were discussed and updates were provided as to how these goals were being met or progress made. Vulture Peak Middle School is distributing daily reminders of healthy habits. Important content pertaining to health and nutrition, obtained from Cleveland Clinic distribution emails, is being addressed in their PE classes. Multiple posters about personal hygiene have been placed throughout all school sites.

Denise will be sending out the year one assessment. Each site will be responsible for setting, tracking and achieving their own goals.

Morgan Johnson was asked about her perception of the meals being provided at Vulture Peak. To her knowledge, the meals being provided have been diversified and satisfying to her peers.

Cassie Stoneking raised the subject of portions sizes at the High School. Denise, Sarah and Erin to address this with Isabeth.

The next meeting will be held in April, exact date and time TBD at a later date.